



WEEK ONE

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
LUNCH				
Homemade Chicken Curry With Rice	Lasagne and Mixed Vegetables	Cottage Pie & Mixed Vegetables	Fish Fingers, Peas and Croquettes	Sausage Casserole, Mixed vegetables
Yoghurt	Fresh Fruit Salad	Yoghurt	Fruit Crumble & Custard	Fresh Fruit Salad
TEA				
Toast with assorted toppings	Assorted Sandwiches	Toasted Crumpets	Cheese & Ham Crackers	Hot Dogs
Fresh Fruit Salad	Homemade Cake	Apple & Raisins	Homemade Biscuit	Yoghurt



WEEK TWO

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>LUNCH</i>				
Corn Beef Hash & Baked Beans	Chicken Stew New Potatoes & Mixed vegetables	Sweet & Sour Chicken with Noodles	Sausage, Mash and Peas	Fish Pie, Sweet corn & Carrots
Angel Delight	Fresh Fruit Salad	Yoghurt	Fresh Fruit	Sugar free Jelly
<i>TEA</i>				
Cheese on Toast	Pancakes	Assorted Rolls	Fruit Bread	Cheese & Ham Wraps
Apple & Raisins	Homemade Cake	Fresh Fruit	Homemade Biscuit	Fresh Fruit



WEEK THREE

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>LUNCH</i>				
Spaghetti Bolognese & Garlic Bread	Cheese, onion & potato Pie with Broccoli & Spaghetti	Spanish Chicken New Potatoes & Mixed vegetables	Pizza, Wedges and Baked Beans	Sausage Pasta & Mixed Vegetables
Mixed Dried Fruit	Sugar free Jelly	Yoghurt	Angel Delight	Fresh Fruit
<i>TEA</i>				
Assorted Pita Bread	Homemade Vegetable Soup	Baked Beans & Toast	Assorted Rolls	Fruit Bread
Yoghurt	Fresh Fruit Salad	Fresh Fruit	Homemade Biscuit	Yoghurt



WEEK FOUR

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>LUNCH</i>				
Vegetable Chilli & Rice Fresh Fruit	Savoury Mince New Potatoes & Peas & Carrots Yoghurt	Roast Chicken Dinner Angel Delight	Chicken & Vegetable Cous Cous OR Jambalaya Rice Fresh Fruit	Fish Cake, Potato Smiles & Spaghetti hoops Yoghurt
<i>TEA</i>				
Toasted Tea cakes Dried Fruit	Tomato OR Chicken Soup & crusty Bread Fresh Fruit	Assorted Rolls Homemade Fruit Scones	Spaghetti on Toast Apple & Raisins	Cheesy Jacket Potato Fresh Fruit